



Communicating with Confidence

Marsheila DeVan, MBA

Communication Specialist

#### **Conflict of Interest Disclosure**

Marsheila DeVan does not have any real or apparent conflict(s) of interests or vested interest(s) that may have a direct bearing on the subject matter of the continuing education activity.

### **Learning Objectives**

This presentation will enable participants to implement strategies to enhance skills to effectively communicate with confidence and ease.







"Good communication is **not** a matter of **chance**, it's a matter of **choice**."

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55% Visual

38% Vocal

7% Verbal

# **Looking at Nonverbals**





## What do you notice?

#### **Presentation Skills**

- Eye Contact
- Voice
- Gestures
- Posture
- Vocalized Pauses
- Attire





## **Delivery Skills**

Eye contact Eye to eye

Voice Animate

Gestures Natural and appropriate

Posture Feet shoulder's width

Vocal Pauses Replace with silent pause

Dress/Image Professional, a step above

## **Topics**

#### Pick one:

- Where would you live if money was no object?
- Favorite food/Least favorite food?
- Tell us a time real or imagined when you ran into a celebrity?
- Tell us about your first...car, date, kiss, job....?



## **Audience Analysis**

In preparation, answer the following questions:

Who are they? What do they know? What action do I need them to take? What motivates them?

### **Engaging Openers**

- Question
- Quote
- Statistic
- Anecdote
- Engaging story
- Articulating Objectives
- Creating Value

#### **Eliciting Participation**

Ask a questions of:

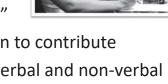
Group

Individual

"Known Expert"

Ask each person to contribute Acknowledge verbal and non-verbal

signals



#### **Create "Change Ups"**

Create "change-ups" to grab attention

Utilize slides, flipcharts, visual aids

Demonstrate or have a participant demonstrate

Sit, stand, change location

Move from didactic to interactive

Ask the group to summarize a section

### **Working with Slides**

Delivery with slides:

Look and Read Turn and Speak

#### Content Articulation:

- Overview
- Stories
- Key Message

#### **Power Point Principles**



- You are the presentation
- Show it more than you tell it
- Follow the 6 x 6 rule
- 28 point font or larger

## **Type of Questions**



Open-ended Questions
Greater Response
Feedback or Clarification
Redirection

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#### **Questions & Answers**

Closed-ended

- Acknowledge the questioner
- Repeat/rephrase
- Answer (25%-75% rule)



## **Handling Difficult People**



Accept Disagreement

Discover the Source

Defuse a sharp question

Avoid getting defensive

Turn the question into an opportunity

If you don't know the answer – redirect

## **Closing a Meeting**

Summarize and reiterate key points

Answer any questions

Suggest next steps for follow-up

Thank the group for coming

Quickly scanning the audience with your eyes will make everyone in attendance feel closer to you.

What percentage of the audience's impression of you as a speaker is dependent upon the content that you present?

- 1. 7 percent
- 2. 26 percent
- 3. 38 percent
- 4. 55 percent

A speaker's visual image has little to no effect on his credibility and believability as a presenter. " Life's most persistent and urgent question is, what are you doing for others?"

Martin Luther King, Jr.



Marsheilann@yahoo.com

805-868-9269



#### **Questions?**





## Thank you!

Marsheila DeVan Communication Specialist

Marsheilann@yahoo.com